

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am – 11am						Kids BJJ All Ages	
11am – 12:30pm						All Levels Gi BJJ	
12pm – 1:30pm	All Levels Gi BJJ	All Levels No Gi BJJ	All Levels Gi BJJ	All Levels No Gi BJJ	All Levels Gi BJJ		
4pm – 4:45pm	Little Grapplers BJJ (5-7 yrs)		Little Grapplers BJJ (5-7 yrs)				
5pm – 5:45pm		Little Grapplers BJJ (5-7 yrs)		Little Grapplers BJJ (5-7 yrs)			
5pm-6pm	Junior Grapplers BJJ (8-13 yrs)		Junior Grapplers BJJ (8-13 yrs)				
6pm – 7pm		Junior Grapplers BJJ (8-13 yrs)		Junior Grapplers BJJ (8-13 yrs)			
6:30pm – 8pm	All Levels Gi BJJ Intermediate/ Advanced		All Levels Gi BJJ Intermediate/ Advanced				
7pm – 8:30pm		All Levels No Gi BJJ		All Levels No Gi BJJ			
8pm - 9pm	All Levels Gi BJJ Fundamentals		All Levels Gi BJJ Fundamentals				